

LISTA DE LUCRĂRI

CAPITOLE ÎN CĂRȚI

- **Podina, I.R.**, & David, D. (în curs de publicare). Acceptance and Commitment Therapy. In A. Vernon & K. Doyle (Eds.), *The What and How To of Cognitive Behavior Therapies: A Guidebook for Counselors*. Alexandria, VA: American Counseling Association. ISBN 978-1-55620-367-1.
- **Podina, I.R.** & Fodor, L. (în curs de publicare). Terapia Metacognitivă. In C. Popa, F. Sava, & D. David, (Eds.), *Psihoterapiile cognitive și comportamentale în tulburările de personalitate. Aplicații practice și noi direcții*. București: Editura Trei.
- **Podina, I.R.** (2017). Atașamentul. In A. Szentagotai & D. David (Eds.), *Tratat de psihologie pozitivă*. Iași: Polirom. ISBN 978-973-46-6234-0.
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- **Cocia, I. R.** & Rusu, A. S. (2012). Factori umani implicați în decizia de sterilizare a animalelor de companie. In A. S., Rusu (Ed.), *Interacțiunea om – animal. Elemente de etologie aplicată și terapie asistată de animale* (ediția 2, pp. 122 – 149), Cluj – Napoca: Bybliotek. ISBN 9786069319819
- **Cocia, I. R.** (2011). Strategii de menținere a relațiilor. O sinteză a studiilor experimentale. In A. S., Rusu & S.E. Bartoș (Eds), *Psihobiologia sexualității: idei de cercetare*, (pp. 81 - 101). Cluj – Napoca: *Sinapsis*. ISBN 978-606-531-078-0
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- **Podina, I.R.** (2017). *Autocontrolul comportamentului alimentar*. București: Editura Universitară. ISBN 978-606-28-0596-8
- **Podina, I.R.** (2017). *Știința rezilienței psihologice la stresori*. București: Editura Universitară. ISBN 978-606-28-0597-5

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- Pasarelu, C.R., Dobrean, A., Balazsi, R., **Podina, I.R.**, Mogoșe, C. (2017). Interpretation biases in the intergenerational transmission of worry: A path analysis. *Journal of Evidence-Based Psychotherapies*, 17 (1).
- David, D., Gherman, A., **Podina, I.**, Mogoșe, C., Sucală, M., & Voinescu, B. (2016). The Added Value of CBT in the Genetic Counseling Process: Concept Development, State of the Art and New Directions. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-22.
- Avram, E., **Podina, I.**, Giosan, C. (2016). A cognitive-behavioral standpoint on the perceived consequences of a major seismic event in relation to optimism and pre-hazard emotional distress. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*, 34-114.
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 - **Podina, I. R.**, Koster, E., Philippot, P., Dethier, V., & David, D. (2013). Optimal Attentional Focus during Exposure in Anxiety Disorders: A Meta-analysis. *Clinical Psychology Review*, 33 (8), 1172–1183.
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- **Podina, I.R.**, Fodor, L., Visla, A., & Flückiger, C. (2017). Comparative and additive benefits of cognitive restructuring versus exposure-only treatment in anxiety: A longitudinal multilevel meta-analysis on symptom relapse. The Society for Psychotherapy Research 48th International Annual Meeting, Toronto, Canada (Simpozion)

- **Podina, I.R., & Fodor, L.** (2017). Comparative effectiveness of multicomponent behavioral eHealth interventions for weight loss in overweight and obese adults: A critical review and meta-analysis. The Society for Psychotherapy Research 48th International Annual Meeting, Toronto, Canada (Comunicare Orala)
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- **Podina, I.R., Fodor, L., Soflau, R., Boian, R.** (2016). SIGMA: A Self-help, Integrated, and Gamified Mobile-phone Application for weight management in young adults. The 30th Conference of the EHPS/DHP – “Behaviour Change: Making an impact on health and health services, Aberdeen, Marea Britanie (Poster).
- Baga, L., **Podina, I.R., Avram, E.** (2016). Trait-like influences of negative interpretation bias in an ecological examination setting. Cognitive and Neural Mechanisms of Human Memory Conference, Cluj-Napoca, România (Poster).
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 - Miu, A. C., Vulturar, R., Chiș, A., Avram, J., **Cocia, I. R.**, & Uscătescu, L. (2011). Polymorphisms in the serotonin transporter gene are associated with emotion regulation difficulties and attentional biases to threatening faces. Poster presentation at the 8th World Congress of the International Brain Research Organization, Florența, Italia (Poster).
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