

Abstract

This thesis presents in a synthetic manner the main parts of my career development, together with the most relevant contributions brought within the scientific domains identified as personal areas of competence. The presentation focuses especially on the scientific results obtained after I obtained my PhD in psychology, in 2007. Together with the scientific results, are presented also the main contributions brought in academia and also the main ongoing investigation projects. Formally speaking, the presentation is structured in 5 sections, each section being dedicated to a specific direction.

In the 1st section are summarized first the main part of my career development (my career path) together with the developmental directions and domains followed over time. Thus, the clinical domain & psychotherapy, as well as the domain of psychological assessment, are identified as main domains of professional activity and competence, together with the academia and the organizational psychological consultancy. Also, the 1st section presents the values that guided me over time and continue to offer me landmarks for my professional activity and development.

The 2nd section is the biggest in the structure of the thesis, being dedicated to the presentation of obtained results and contributions brought in the scientific field. The presentation is structured in multiple chapters, accordingly to the specific scientific domain of the results: clinical field and psychotherapy, adaptation and validation of psychometric instruments, construction and development of new psychometric assessment instruments, as well as other contributions to the field of psychological assessment. Within the clinical field and psychotherapy, we emphasize on the presentation of a process – systemic oriented working model in psychotherapy – PSM, which I consider as one of the most relevant contributions in the field. Also, are presented the research grants in the field from which I was part of over time and the main scientific publications resulted. Regarding the psychometric test adaptation activity, the thesis mentions the test adaptation projects I participated in (the psychometric test local adaptations in which I brought a significant contribution, for example NPQ or NEO PI-R), followed by the test manuals and scientific articles published as a result. Since part of my activity in the field of psychological assessment was oriented to the development of new assessment instruments, the main projects and achievements are presented on this direction, consisting in scientific publications and research grants financed in public competitions. Finally, there are also some other activities and results I consider important, which, even they are placed in the large field of psychological assessment, cannot be circumscribed by any of the directions listed above. I mention here a number of translations of psychometric scales in Romanian I contributed to, as well as a number of publications I consider relevant, mainly books and chapters.

In the 3rd section of the paper are presented the main contributions brought in academia, in their vast majority at the University of Bucharest. Firstly, my teaching experience is summarized, then the most relevant contributions I brought to the development of the study programs are listed, and then the institutional partnerships I developed and also some of the results obtained in the field of academic management. My teaching expertise is summarized following two coordinates, respectively topics approached and universities I collaborated with. Considering that my activity in the field of study programs, especially one carried during the last 5 years was quite complex and varied, it is presented following three main directions: development of new study programs, new educational disciplines / new courses and contributions to the revision and development of curricula. I mention for instance the new

master programs Trauma psychology and psychological assistance, as well as behavioral economics, established at the University of Bucharest with my consistent contribution. Also, some educational disciplines / courses newly introduced in the curricula of some study programs are listed, out of which I mention here the optional course for undergraduate program in psychology named Introduction to the psychology of traumatic experiences or the master courses named Psychological interventions. From clinical assessment to psychotherapy. Also placed in the larger field of study programs is the contribution I had to the revision and development of the curricula for the undergraduate study program in psychology from the University of Bucharest. In this project in which I had the leading role, the curriculum was reviewed especially in order to align with the current directions and developments in psychology. After these contributions, the section presents a few of the institutional partnerships I contributed to, as for instance the partnership agreement with the National Administration of Penitentiaries or with the Institute for Study and Treatment of Trauma, partnership responsible for development of consistent research activities. Finally, the 3rd section presents a number of contributions related with the academic management activity, regarding either the increase of the organizational efficacy – such is the development of working procedures, or the development of the research infrastructure – such is the establishment of a new lab for observational and psycho-physiological investigations at the University of Bucharest.

In the 4th section of the thesis is summarized the experience accumulated in the identified competence domains: psychotherapy, psychological assessment and business psychological consultancy. In each field, firstly are summarized the extracurricular trainings attended, followed by the main activities carried in the field. In the field of psychotherapy, for instance, my experience covers a total duration of about 20 years and consists in three main types of activity: individual psychotherapy, group psychotherapy and psychotherapy training. The experience accumulated in the field of psychological assessment has also a clinical component – developed based on my activity as psychotherapist, as well as an organizational oriented component – structured based on my activity as consulting psychologist. Finally, some details regarding my activity as consulting psychologist for companies carried over time are presented.

The 5th and last section of the thesis is dedicated to the presentation of the projects that are currently in progress, aiming to illustrate the continuity of investigative and applied activities in the identified fields. Firstly, some details regarding the research grant I am conducting at the University of Bucharest, "Adoption and impact of innovative video technologies in education and local administration public services" – IRIS, are presented. Secondly, a number of independent (unfinanced) research projects currently running at the University of Bucharest are mentioned. Part of those aims to the construction of some new clinical assessment scales, such is the PTSD symptoms scale based on DSM - 5 conceptualization (PTS_Ro), the dissociative experiences scale (DE_Ro), or development of the metaphorical anxiety questionnaire (MAQ). Other two relevant clinical / trauma psychology research projects currently in progress are presented within the section, one being placed in the penitentiary environment and the other being oriented on the investigation of the evolution of victims resulting from the tragedy happened in the Bucharest Colectiv club in 30.10.2015.